

# DISTILL CREATIVE®

View video here: [https://youtu.be/CyCuZe\\_9Jnl](https://youtu.be/CyCuZe_9Jnl)

## **STEP 1 -- SET UP**

Unscrew the embroidery hoop and center the muslin in the embroidery hoop. Put the top part of the embroidery hoop over the muslin and screw tight. Make sure the muslin is taut.

## **STEP 2 -- SPLIT STITCH | LET LOVE BLOOM**

Cut about 12" of grey or black thread. Thread the needle. Tie a knot at one end.

Come up from the backside of the muslin. Go in through the frontside following the blue line at the bottom of the I in let. Come up about halfway in the middle of the last stitch from the backside. Go back in from the frontside following the blue line. When you run out of thread, go back through past stitches in the back and/or knot to tie off. Cut more thread. Continue until you cover all the lines that say 'let love bloom'.

## **STEP 3 -- LAZY DAISY STITCH | LARGE FLOWER**

Cut about 12" of purple or pink thread. Thread the needle. Tie a knot at one end.

Come up from the back where you want the center of your big flower to be.

Make a big loop. This will be your first flower petal.

Tack down the top of the petal with one straight stitch.

Repeat for 5-7 petals. Start at the center every time. When you run out of thread, go back through past stitches in the back and/or knot to tie off. Cut more thread.

## **STEP 4 -- FRENCH KNOT STITCH | CENTER OF FLOWER**

Cut about 12" of yellow thread. Thread the needle. Tie a knot at one end.

Come up from the backside in the center. Now wrap embroidery floss back around your needle five times. Go back into the center.

## **STEP 5 -- SATIN STITCH | LEAVES**

Cut about 12" of green thread. Thread the needle. Tie a knot at one end.

Create a leaf shape with a straight stitch or split stitch. You can use a pencil if you want to draw it first. Fill in with a satin stitch. Keep going back and forth over the area.

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When you run out of thread, go back through past stitches in the back and/or knot to tie off. Cut more thread.

## **STEP 6 -- WOVEN WHEEL STITCH | SMALL ROSES**

Cut about 12" of red or pink thread. Thread the needle. Tie a knot at one end.

Come up from the backside where you want your first small flower to be. Make five straight stitches coming from the center. Come up between two of the stitches close to the center. Go over one stitch, then under the next. Continue going over a stitch then under the next stitch, all around like a wheel. Continue until you cover all the stitches.

Repeat for two or three more roses. When you run out of thread, go back through past stitches in the back and/or knot to tie off. Cut more thread.

## **STEP 7 -- FINISHING**

If you see any blue under the letters, rinse under cold water and the blue will disappear.

If you'd like, fill in the big flower petals with a satin stitch.

Cut about 12" of any color thread. Thread the needle. Tie a knot at one end.

Sew on the felt backing using a straight stitch and covering the excess muslin. Continue until you've covered the whole hoop. (The sample is not finished intentionally -- I wanted to make sure you could see the back of the stitches!

Cut some embroidery thread and knot. Loop through the top to make the hoop a hanging.