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**Art Exhibit Explores the Universality of Motherhood Through Postpartum Paintings**

**Brooklyn, NY** — Mexican-American artist Stephanie Eche is set to unveil her latest exhibition, "Postpartum Paintings," at Tin Cup Cafe in Brooklyn, New York. The exhibition will run from October 13 to November 12, 2023, with an opening reception on Friday, October 13, from 5-7 pm. As part of the Sunset Park Open Studios event, Eche will be present at the cafe on October 14 and 15, from 12-4 pm each day.

Eche's work is deeply personal and explores themes of motherhood, mestizo heritage, and the preservation of memories. Her journey into motherhood inspired the creation of this series of early experiments, recorded through paintings that reflect the raw, vulnerable, and universal experience of matrescence. The artist's sketches, made during brief moments between caring for her child and the demands of daily life, serve as the foundation for these pieces.

In her artist statement, Eche quotes a passage from Jazmina Barrera's book, *Linea Nigra: An Essay on Pregnancy and Earthquakes*, "I live in a place without time, in the realm of the mothers," echoing the sentiments of many who have embarked on the transformative journey of parenthood. These paintings, which she describes as early experiments in an ongoing series, invite viewers to witness and reflect upon the profound changes that occur during this period of transition.

The artwork encompasses a range of mediums, including wood, linen, and ceramic stoneware, brought to life with acrylic paint, mediums, and glazes. Eche's creations capture the confusing and chaotic process of becoming a mother, a continual and ever-evolving experience.

Stephanie Eche's work has been featured in solo exhibitions at eeeee in Mexico City, Mexico, and group exhibitions at prestigious galleries across the United States, including NARS Foundation and Transmitter Gallery in Brooklyn, NY, Untitled Space in Manhattan, NY, Maake Projects in State College, PA, and Form and Concept in Santa Fe, NM. Her art has garnered attention from publications such as Vantage Art Projects, Artsy, Art Spiel, and Hola Cultura. The "Postpartum Paintings" exhibition offers a unique opportunity to explore the depth and universality of motherhood through the lens of an emerging and local artist. Located at Tin Cup Cafe, 719 4th Ave, Brooklyn, NY 11232, the exhibit promises to be a thought-provoking and emotionally resonant experience for all who attend.

For more information about Stephanie Eche and her work, please visit artist's website at [StephanieEche.com](http://StephanieEche.com)

For inquiries or to arrange an interview with the artist, please contact Stephanie Eche at [Stephanie@distillcreative.com](mailto:Stephanie@distillcreative.com) or (929) 445-0842.

**About Stephanie Eche:**

Stephanie Eche is a Mexican-American artist based in Brooklyn, NYC, with roots in Arizona. She is the founder and principal of Distill Creative, host of the First Coat podcast, and co-founder of Communer. Eche's work explores themes of motherhood, mestizo heritage, and

memory preservation. She has exhibited her artwork extensively and is known for her innovative approach to various mediums.

**Note to Editors:** High-resolution images of Stephanie Eche's artwork are available upon request.

**About Tin Cup Cafe:**

Tin Cup Cafe, located in South Slope, Brooklyn and nestled between Green-Wood Cemetery and the Gowanus Bay, is a vibrant and welcoming community space known for its support of local artists and creators. The cafe has played a significant role in the artist's life, and this exhibition location is meaningful for Stephanie Eche as the place where she and her family have made cherished memories and met other families. Tin Cup is open daily, 8am-5pm, and is located at 719 4th Ave, Brooklyn, NY 11232.

**About Sunset Park Open Studios:**

Sunset Park Open Studios 2023 (SPOS) is an annual, multi-day arts celebration of exhibitions, events and open studios throughout Sunset Park, Brooklyn. Featuring hundreds of participating artists and art-spaces from across the neighborhood, SPOS is free and open to the public. This year, SPOS will be held from Friday, October 13th through Sunday, October 15th, 2023. Throughout the weekend SPOS will welcome visitors to meet artists, curators and researchers from around the globe, and experience the beauty and diversity of the artistic process in both studio environments and institutional contexts alike.

Sunset Park Open Studios 2023 is presented by the following partnering organizations and individual supporters: Art Cake, BioBAT Art Space, Context Space, Genspace, J&M Studios, Makerspace NYC, NARS Foundation, Tabla Rasa Gallery, Thomas VanDyke Gallery, Yi Gallery, John Avelluto, and Robert Melzmuf. You can learn more here: <https://sunsetparkopenstudios.org/> and email SPWO2023@gmail.com